THE WONDERS OF SKIN:
Looking Good, Being Healthy

Skin Health Education Curriculum
Middle School (Grades 6-8)

The New York Academy of Medicine
American Skin Association
Lesson 4

ACNE: THE INSIDE STORY

Acne

Objectives:
- Students will be able to explain the causes of acne.
- Students will be able to describe effective responses to acne.
- Students will be able to identify the type of physician who can treat severe acne and other skin conditions.

Estimated Time:
25 minutes

Synopsis of the Lesson:
Students brainstorm what they know about acne. They read a newsletter article about this topic, and learn more and assess the degree to which their previous knowledge was correct.

Connections Across the Curriculum:
Language Arts, Consumer Science

Skill:
Obtaining Help

Teacher Preparation and Materials:

READ:
* The article, Acne: The Inside Story in the newsletter, Spotlight on Skin

DUPLICATE:
Spotlight on Skin newsletter for each student, one for each student (also used in Lessons 5 and 6)

Special Concerns:
Students who have acne may be extremely self-conscious about it. Respect their right to not reveal their personal feelings by not forcing such revelations.