1. Acne is a normal condition that most often appears during ______.
   A adulthood  B infancy  C puberty  D college

2. If you pop a pimple, the pimple will ______.
   A come back larger  B vanish  C be painful when touched
   D both a and c

3. Glands in the skin produce an oily substance called ______.
   A sebum  B follicles  C whiteheads  D debris

4. ______ are a type of acne.
   A Whiteheads  B Blackheads  C Cysts  D a, b, and c

5. When the shape of one half of a mole does not match the shape of the other half of the mole, the mole is ______.
   A asymmetrical  B symmetrical  C small  D large

6. When applying sunscreen, use one with an SPF of at least ______.
   A 4  B 15  C 30  D 60

7. ______ will help protect your skin from getting a sunburn.
   A Daily exposure to sun  B Avoiding sun from 10 a.m.–4 p.m.
   C A hat  D b and c

8. ______ rays from the sun (and indoor tanning booths) penetrate and damage the dermis, the body's second layer of skin.
   A UV A  B UVA  C UBV  D UVB

9. The word dermatitis means ______ of the skin.
   A darkening  B shrinking  C inflammation  D lightening

10. Having skin that is ______ is a sign that you may have atopic dermatitis.
    A dry  B red  C itchy  D a, b, and c

11. Doctors believe that atopic dermatitis can be passed down genetically, meaning that you could inherit the disease from your ______.
    A classmates  B parent  C cousin  D sister

12. Exposing your body to ______ can possibly irritate your skin and worsen atopic dermatitis.
    A harsh soaps  B hot showers  C perfume  D a, b, and c